

WORKSHOPS – GOUACHE PAINTING

CAT POPE'S RECOMMENDED SUPPLY LIST

Below is a short list of supplies you will need for this workshop. I am a firm believer of investing in quality materials, but by no means should you break the bank, especially if you are just getting started. If you already have supplies, keep this list in mind and bring what you enjoy using. Above all, painting should be enjoyable and rewarding to the maker.

PAINTS

Gouache is unique in its design- an opaque, heavy pigment that dries matte, and usually mixes colors differently than you'd expect. *Feel free to bring any colors you enjoy.* Brand of paint does not matter for this workshop.

Here is a great beginner-friendly kit: HIMI Gouache (non-toxic)

https://www.amazon.com/dp/B086X11M6B/ref=cm_sw_r_cso_cp_apin_dp_Z873D7KTTOTTNMZSNFPT

I use tube paints from Windsor & Newton and M Graham: Titanium White, Ivory Black, Cadmium Yellow (Medium or Light), Yellow Ochre, Alizarin Crimson (or Quinacridone Rose), Cadmium Red Light, Ultramarine Blue, Cerulean Blue, Pthalo Green (or Viridian), Burnt Sienna (or Transparent Oxide Red).

(Sometimes I will add neon to my palette: think purple, green, turquoise, etc. for an extra kick!)

BRUSHES & SURFACES

I use brushes that are ½" to 1" wide, and a rigger or pointed round for detail. I typically use flats and filberts the most – I demo with many different brands of synthetics (soft bristles). Fancy brushes are not required, I use short handles for gouache, but long handle brushes are fine, too.

Watercolor Paper: Packs of 5x7, 6x8, 8x10 are great workshop sizes and will allow us to work quickly on multiple images.

OTHER ITEMS

Painting palette – White glass or ceramic plate

Paper towels

Spray mister bottle

A jar or tall cup for rinse water

Pizza box or cardboard box for transporting finished work

Pencil for sketching

Optional but helpful – Color Wheel and 10-Value Scale