

WORKSHOPS – OIL/ ACRYLIC PAINTING

CAT POPE’S RECOMMENDED SUPPLY LIST

Below is a short list of supplies you will need for this series. I am a firm believer of investing in quality materials, but by no means should you break the bank, especially if you are just getting started. If you already have supplies, keep this list in mind and bring what you enjoy using. Above all, painting should be enjoyable and rewarding to the maker!

PAINTS & MEDIUMS

Be sure to have something close to my limited palette – You are welcome to add in any other colors you enjoy using. Brand of paint does not matter, but bring plenty. Painting medium is optional.

Cat’s Limited Palette: Titanium White, Ivory Black, Cadmium Yellow (Light), Yellow Ochre, Alizarin Crimson (or Quinacridone Rose), Cadmium Red Light, Ultramarine Blue, Cerulean Blue, Pthalo Green (or Viridian), Burnt Sienna (or Transparent Oxide Red). *Occasionally I will demonstrate with other colors, but this limited palette will mix 99% of the spectrum.*

I am currently a solvent-free painter: I use M. Graham Walnut Oil instead of Gamsol. Gamsol is permitted in the studio as long as it is in a jar with a tight-fitting lid. Please do not bring any solvents with an odor.

BRUSHES & PALETTE KNIVES

I use brushes that are ½” to 1” wide, and a rigger or pointed round for detail. I typically use flats and filberts the most – I demo with many different brands of synthetics and hog bristles. Fancy brushes are not required.

A palette knife is what we’ll use to mix clean, crisp colors. They come in a variety of shapes and sizes, and if that style of painting interests you, I recommend having a few on hand.

SURFACES

Any surface you’d like to paint on is fine with me. Anything between 8x10 and 12x16 is a great workshop size.

OTHER ITEMS

Painting palette – I work on glass but you can use palette paper, a dish or butcher tray, foam plate, etc.

Paper towels

Optional but helpful – Color Wheel and 10-Value Scale